

Courses *and* Lectures

Summer
2025



LASELL VILLAGE
Senior living at Lasell University

Summer 2025 Lasell Village Course Listings

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For assistance with any part of the registration process contact

John Dixon, Ph.D., Dean of Education at (617) 663-7055, or
Blythe Cowen, Educational Programming Specialist at (617) 663-7051

Village Intranet:

Throughout this booklet, you will see reference to our intranet,
www.community.cubigo.com, abbreviated as Cubigo.

Policy on Course Materials

Residents are responsible for acquiring their own books and materials unless otherwise noted. Please contact the Education Office if you need assistance.
Handouts for courses are emailed to the students. If your vision or computer skills make it difficult for you to view or print the emailed handouts, you can pick up printed handouts in the Education Office.
If you have difficulty viewing slides displayed in class, contact the instructor to request that the slides be emailed to you before class. If you have difficulty reading handouts or slides, contact the Care and Connections Committee to provide further assistance.

Lasell Village Academic Calendar

Summer 2025

April 25	Course booklet distribution
May 2	Registration forms due
May 15	Course confirmation distribution
May 27	First day of semester
August 16	Expected last day of semester

Fall 2025

Aug 15	Course booklet distribution
Aug 22	Registration forms due
Sep 5	Course confirmation distribution
Sep 29	First day of semester
Dec 19	Expected last day of semester

Spring 2026

Dec 19	Course booklet distribution
Jan 2	Registration forms due
Jan 16	Course confirmation distribution
Jan 26	First day of semester
April 24	Expected last day of semester

Registration Process

Registration Schedule:	
April 25	Course booklet distribution
May 2	Registration forms due
May 15	Course confirmation distribution
May 27	First day of semester
August 16	Last day of semester

Registration Form: The online form link will be emailed to all residents and posted on Cubigo. Paper forms may be picked up and returned to the Education Office.

Due Date: Complete and submit your form by noon on **Friday, May 2**.

When completing the form:

- List your choices in ***ranked order*** of preference. *For best results, prioritize classes in smaller classrooms over classes in the ballroom or 918.*
- Indicate the **total number of courses** you wish to take.
- If you anticipate missing a quarter or more of a course's meeting dates, choose a different course to make room for neighbors who can attend all the sessions.
- Remember to list the courses you take regularly, such as Voices of Experience.

Please note:

- Classes fill up, so listing at least one “extra” choice is recommended.
- Your course choices are reviewed in the order in which you list them, e.g. your second choice will not bump you from your first choice, and so forth.
- This registration is for Lasell Village **numbered courses only**. Do not register for fitness, workshops or University courses on the form.
- If you choose an in-person or Zoom class that has no seats available, and there is a Ch. 918 section for that class, you will be added to the Ch. 918 section automatically. **Please inform the Education Department if you would prefer to drop the course in this case.**
- Residents may not attend classes for which they are not registered.

Notification of Enrollment: Residents who submit forms by May 2 will be notified of their courses no later than May 15. You may not receive all your requested classes due to limited class capacity. Enrollment follows an algorithm that incorporates random lottery numbers, the order of each registrant's ranked choices, and priority status (new residents, centenarians, faculty, prior semester waitlist).

Lasell House Registration Policy: Residents of Lasell House who are not under a Residency and Care Agreement may submit the same registration forms as other residents. They will be enrolled after other registrations have been completed.

Add/Drop Procedure:

Dropping a Course:

If you are dropping a course, please inform the Education Department. This helps us keep accurate records and it allows residents on course waitlists to take your spot.

Adding a Course:

If you would like to add a course after the course registration period has passed, contact the Education Office to complete a late registration. All courses are subject to availability. The Education Office will also post open courses after May 15.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class.

Come prepared with what you need so that you can participate.

- Have your course materials and personal necessities within reach.
- Be punctual: ensure your device is ready for each meeting ahead of time.
- Ensure that your surroundings reflect a neat environment.
- Turn off all distractions on your computer prior to the meeting's start to eliminate the urge to multi-task during the meeting.

During the class:

- Turn the sound off for other devices you may have; smartphone, Ch. 918, etc.
- Introduce yourself before speaking. Speak clearly.
- Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply "stop video." This will allow you to see and hear, but others will not see you moving. Do not walk around with your phone/tablet.
- If you need to eat or receive an important call, please turn off your video and audio.
- Please mute yourself once the class starts; unmute when you wish to speak.

Note to smart phone or tablet users: please hold or place your device horizontally.

If you would like additional instruction on Zoom, please contact the Education Department for training.

Fitness Facility Information for Spring 2025

Pool Hours	Monday - Friday	7 am – 1 pm
	Saturday & Sunday	7:45am – 11:30am
	Weekend Guest	11:30 am – 12:30 pm

Fitness Center: Staffed Hours The Fitness Centers are open 24/7 except for daily cleaning from 6:30-7:15 AM	Monday	8:30 – 2:30
	Tuesday	8:30 – 2:30
	Friday	8:30 – 2:30
	Saturday	10 - 3

Reservations

Reservations are required for a resident to use the pool or the Fitness Centers only during staffed hours. Visit the Fitness Calendar on [Cubigo](#) to make an appointment for the Pool, Fitness Center, or Zumba. Appointments are typically 45 minutes.

Unsupervised Fitness Center Guidelines

Each resident takes the responsibility to sanitize the equipment and follow hygiene protocols.

Pickleball Equipment

The pickleball equipment and key are available for checkout at the Welcome Desk.

Weekly Exercise Classes

This schedule is subject to change.

Changes will be announced in *News and Notes* and on Cubigo.

Monday	10 – 10:45	Zumba* Cathy A	Ballroom
	11:30 – 12:30	Chair Yoga Ruth L	Ballroom/Ch. 918
Tuesday	10 – 10:30	30-Minute Easy Strength Lasell House Rehab	Ballroom
	11 – 11:45	Water Volleyball * Lulu Y	Pool
	11:30 – 12:15	Balance At Home Physical Therapy	Ballroom/Ch. 918
Wednesday	10 – 10:30	30-Minute Basic Stretch Lasell House Rehab	Ballroom/Ch. 918
	10 – 10:45	Water Aerobics* Lulu Y	Pool
	11:45 – 12:30	Exercise with Khristyna Khristyna H	Ballroom/Ch.918
Thursday	9 – 9:30	Prerecorded Improving Mobility Paul C	Ch. 918
Friday	9 - 10	Prerecorded Chair Yoga Ruth L	Ch. 918
	10 – 10:45	Water Aerobics* Lulu Y	Pool
	11:30 – 12:15	Exercise with Britta Britta Z	Ballroom/Ch.918
	1:30 – 2:15	Mat Pilates Khristyna H	Ballroom
Saturday	11:30 – 12:15	Multi-level Workout Paul C	Zoom/Ch. 918

* Sign-ups required for these classes.

Resident Groups

This list includes groups which are open to everyone. Committees with limited membership are not listed here.

Group	Date, Time and Location	Resident Contact
V.I.P.s (Visually Impaired People)	Mondays at 8am in Margaret's Café	Jeff H
Flower Arranging	Mondays at 9am in the Art Studio	Group Members
Knit Wits	Mondays at 10:15am in the Great Room	Group Members
Chess Club	Mondays at 1pm in the Bar	Perry N
Play Readers	Two Mondays per month at 3pm in the Ballroom	Barbara H
Book Group	3 rd Monday of the month at 4pm in Froebel	Pat S
Movie Club Discussion	Mondays at 7:30pm in the Ballroom	Chris M
Immigrant Club	Last Wednesday of every other month at 3pm in Froebel	AnnaMaria A
German Conversation Group	Every other Wednesday for lunch	Peter S
Cribbage Club	Fridays at 1:30pm in the Bar	Michael Z
Shabbat Service	Fridays at 4:30pm in Dewey	Michael Z
Health and Science Group	2 nd Saturday of the month at 10am in the Ballroom	Judith T
International Relations Discussion Group	1 st Saturday of the month at 9:45am on Zoom	Dr. Lawrence Clifford
Sketching Group	4 th Saturday of the month at 10am in the Art Studio	Dora and Bob H
The Friends of Haskell/Lasell Pond	Every few months in Froebel	Jean S
Ping Pong Club	Date and Time variable, Basement of Building 125A	Paul C

Lasell University Intergenerational Learning

The University's fall semester will run from September 3 to December 9, 2025. During the summer, the Education Department will share a list of selected intergenerational courses.

Other Options for University Courses

Village residents are also able to register for undergraduate courses without the intergenerational designation. To browse the University course catalog, follow these easy steps:

1. Log into <https://my.lasell.edu/> using your Lasell Village email, password and authentication.
2. On the large blue menu bar, click on Self-Service.
3. Ignore the "Sign-in" box that appears. Instead, in the upper left, click on the search button and choose "course offerings."
4. On the right-hand side, click on Period and choose "Fall 2025".
5. Now enter a search term (e.g. ceramics, Spanish or psychology) and select enter.
6. For more information on any of the courses click on the title, and a pop-up box will display a course description.

To register for any University course, contact the Education Department.

Summer Interession Lectures and Workshops

Coffee Tasting Workshop

Zariya O, Lasell University student

Friday, April 25

8:30AM – 10AM, Dewey

Perk up your day with our captivating "Coffee Tasting" event! Discover the perfect pairing of pastries and roasts, explore the world of decaf, and dive into the fascinating history of coffee - all in a cozy, inviting atmosphere. Join us for an interactive journey that'll have you sipping and savoring like a true coffee connoisseur. This event is specially curated to include our beloved decaf lovers, so come on down and let's brew up some fun!

Sign up on Cubigo or in the Education Office.

Art Talks: Ancient Greeks as They Saw Their Gods and Themselves

Hank B

Tuesdays, May 6 & May 13

10 - 11AM, Rogers

Although most wall paintings the of ancient Greeks have disappeared along with most of their sculptures, hundreds of visual reminders remain both of the Gods they worshipped and of their daily lives. From all over the Greek world painted vases have survived, some in nearly original condition, some needing to be reassembled from fragments. These talks offer an introduction to Greek Vase Painting with a focus on the depictions of Gods as well as on the everyday life of ancient Greeks

Presenter: Hank B, a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to graduate psycholinguistics. He taught college English and linguistics for 38 years. His upper-level course subjects included English Romantics, History of English, Chaucer, and American Poetry.

Sign up on Cubigo or in the Education Office.

Poetry Corner 2025

Tuesdays 2:00 – 3:30pm

Lasell Village Ballroom

Poetry Corner is an informal gathering of poetry lovers. In each of three sessions in the ballroom, a resident reads and discusses a favorite poem, a second brings a poem in a foreign language (usually their first language) and in translation, and a third reads a poem they have authored. The audience participates with questions and comments. All the poems are projected on a screen.

May 6

Susan F

Chris M (Italian)

Claude W

May 20

Wendy G

Ed R (Hebrew)

Renée R

May 27

Jack H

Peter S (Polish)

Bob H

Registration is not required to attend

Ukulele Intersession Jam

Shayla M

Sundays, May 18 & May 25

Beginner Jam: 3:20-3:40PM, Great Room

Main Jam: 4-5PM, Great Room

Join Shayla for an intersession jam! This is a low stress community experience for varying musical interests and abilities to share in the joy of shared music-making or 'jamming.' Join in by singing along, drumming, playing ukulele, bringing an instrument of your own (such as guitar), or attending as a regular listener.

Registration is not required to attend

Beethoven's Legacy, Through the Lens of his Violin Sonatas

Jennifer H, violinist

Lois S, pianist

Thursday, May 15

7:30pm, Ballroom

Calling to mind some of the stylistic ideas we discovered throughout our adventures with 31 of Beethoven's piano sonatas, we will dip into a couple of his violin sonatas: Op.23, from 1801, and Op.96, from 1812. Despite the close proximity of their composition, we will examine the Haydnesque qualities of the hyperactive A minor, and the Schubertian grace and expansiveness of Beethoven's last sonata in G Major. (Perhaps a bit of his "Spring" Sonata, will also be played as an aural tribute to this season of beauty!)

Between the two full-length violin sonata performances, we will feature a reverential musical response from one of Beethoven's 'future' admirers, Charles Ives--from his Concord Sonata for piano--for whom Beethoven's ennobling and uplifting qualities transcended the ages!

Performers: Lois S has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by *The Boston Globe*. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston.

Jennifer H graduated from Princeton with an A.B. degree in Chemistry and certificates in Latin and Musical Performance. She holds a Masters in Music Performance from the Yale School of Music and a PhD in Biomedical Sciences from Harvard University. She is currently a postdoctoral researcher at Harvard/MGH and a resident tutor in biology and music at Dunster House at Harvard, where she also served as interim resident dean for the 2016-2017 academic year. She recently joined Shelter Music Boston as a violinist and pianist. In her free time, she enjoys playing violin and piano with various chamber music groups in the Boston area.

Registration is not required to attend or to watch on Ch. 918.

Workshop: Turning A Mouse into a Maiden?

M.J. C

Thursday, May 22

10AM, Froebel

A close reading, in Sanskrit, with a running translation and explanation, of a tale from Somadeva's *Katāsaritāgara* on the question of whether it's wise to turn a mouse into a maiden?

Presenter: M.J. C retired in 2021 to Lasell Village as Professor Emeritus in Linguistics from the Department of Eastern, Slavic and German Studies, Boston College

Please sign up in advance on Cubigo or with the Education Office.

Récipes with Elena Ceban

Elena C

Thursdays, May 1 to August 14

3 – 4:00 PM, Zoom and Ch. 918

What could be better than preparing a delicious meal and enjoying it? Preparing it with Elena, Lasell Studios Manager, and the entire Village! Join Elena every week for a culinary delight on Zoom or virtually participate on Ch. 918. Learn to prepare simple meals rich in flavor and nutrients. Please email her at ecceban@lasell.edu to ask what ingredients will be used so that you can cook it together! Residents are welcome to join the workshop via Zoom (see Cubigo for the Zoom link) so that they may ask Elena questions or contribute comments. If you would like to help Elena one week or have a recipe of your own to share, please reach out to her by email or by phone at (617)663-7123.

Elena C, Lasell Studios Manager, has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 10 years. Her background is in teaching English with a Master's in Educational Management. She recently received an MBA from Lasell University.

Registration is not required to watch on Ch.918 via Zoom.

Lasell Village Courses

1. Beginner Ukulele

Shayla M

Sundays, June 1 – August 10 (no class June 15, July 6, July 20, and August 3)

3:20 – 3:50 PM, Great Room (Building 120)

2. Ukulele Jam

Shayla M

Sundays, June 1 – August 10 (no class June 15, July 6, July 20, and August 3)

4 - 5 PM (*new start time!*), Great Room (Building 120)

Beginner Ukulele

The beginner ukulele course is for music-lovers of all types with little to no previous ukulele experience. This course will serve as an introduction to the instrument and emphasize learning chords and a variety of strumming patterns to play and sing classic and contemporary songs.

Ukulele Jam

This class is a low stress community experience for varying musical interests and abilities to share in the joy of shared music-making or 'jamming.' Join in by singing along, drumming, playing ukulele, bringing an instrument of your own (such as guitar), or attending as a regular listener. Please register for the class if you plan on attending in any of these capacities.

Course Materials: If playing ukulele: Please provide your own ukulele either a Soprano, Concert or Tenor, Not Baritone. A good sounding ukulele is typically between \$50-\$150. Consider a solid wood top and not plastic or laminate; avoid buying ukuleles that are listed as toys. Some common brands include: Lanikai, Donner, Cordoba, and Kala, but there are many great brands. If you are unable to purchase a ukulele, Newton Free Library loans ukuleles; it is a 3-week loan with up to 2 renewals. Please also purchase a Music Tuner or an app on your phone: Highly Recommended – Snark Clip-on Tuner that can be purchased on Amazon.

The course leader will provide sheet music and several sets of drums.

Please do not let the material requirements hinder you from taking the class, please contact me or Lasell with any concerns.

Recommended Course Materials:

- 3-ring binder to hold sheet music
- *The Daily Ukulele Songbook: 365 Songs for Better Living* by Lizz and Jim Beloff, ISBN 9781423477754
- *Ukulele for Seniors* by Joe Carr, ISBN 978-0786691975

Course Leader: Shayla M, MT-BC, is a board-certified music therapist with a BA in Music Therapy from Eastern Michigan University and currently pursuing her Masters in Social Work at Boston University with a specialization in aging. She is the Music Therapy Program Coordinator at Winchester Community Music School providing individual and group music therapy for children and adults. Shayla sings and plays guitar, ukulele, and piano. She is most interested in music's ability to create community.

3. Time for Everything: *Waiting for Godot*

Parkman H

Mondays, June 2 – July 7

9:45 AM – 11:15 AM, Dewey (Building 130D)

There is nearly universal agreement (a rare thing) that the premier play of the twentieth century is *Waiting for Godot* by Samuel Beckett. His *En Attendant Godot* (Waiting for Godot) was published in 1952 and premiered in Paris in 1953. As one reviewer noted, it is a play in which nothing happens, twice. This course will attempt to explain why generations of readers and viewers have found this play so profoundly moving, as one critic called it, "a threnody of hope deceived and deferred but never extinguished."

Course Materials: [*Waiting for Godot* by Samuel Beckett](#), Grove Press; 1st edition (May 17, 2011) ISBN-10 : 080214442X; ISBN-13 : 978-0802144423

Course Leader: Parkman H received a B.A. in English from Harvard University, and a PhD in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught several courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

4. Becoming "Real": Exploring Experience, Learning, and Identity in the AR/VR Lab

Matt B

Mondays, July 7 – August 4

9:45AM – 11:15AM, VR Lab, Winslow Academic Center

This discussion-based course invites participants to explore the role of virtual reality (VR) in teaching and learning. We will examine how immersive environments can extend access to meaningful experiences. Attention will also be paid to how these tools support learners who may be limited by mobility, geography, or circumstance. What can simulated experience offer learners, and where do its limits lie?

No prior experience with immersive technologies is required. Methods of learning will include demonstrations, guided discussion, and research-based examples. Learners will also have opportunities to try out tools in the AR/VR Lab and reflect on that practice. The reflection will focus on drawing connections between embodied learning, identity, and the role of technology in personal growth. This is a course for the curious -- especially those interested in how we learn best when we are fully present, whether in this world or a simulated one.

Course Leader: Matt B is the Assistant Director of the Rosemary B. Fuss Teaching and Learning Center. In that role, he helps faculty develop effective teaching strategies, streamline online course content, and use educational technology to support student success. His background is in creative writing and the teaching of writing and literature. He's also coached swimming and taught public speaking. Matt enjoys helping faculty and students leverage their strengths as teachers, writers, thinkers, or creators. The goal is always the same: practice meaningful work and build the confidence to keep doing it.

5. Over The Rainbow: Introduction to the LGBTQ* Community

Kellie W

Mondays, June 2 – July 7

11:30AM – 1PM, Froebel (Building 130C)

This course will be a primer on the LGBTQ* community. We will discuss the various identities therein, including the difference between sex and gender, sexual orientation, gender identity and expression, and the trans community. We will also learn about the LGBTQ* community throughout history and in different cultures across the world. This will be a discussion-based course with plenty of opportunities for questions and will utilize a variety of resources during the session, including videos, in-class activities, and other media.

This class will be a safe space to learn and ask questions about a community that you may be unfamiliar with. All who are in solidarity and support of LGBTQ* peoples are welcome.

Course Materials: all materials will be provided by the course leader.

Course Leader: Kellie W is an Associate Professor of Justice Studies and the Queer Initiatives Facilitator at Lasell, where she began teaching in September 2019, after receiving her PhD in criminology and criminal justice from UMASS Lowell. She also holds a BA in Psychology and a BA in Sociology from the College of the Holy Cross as well as an MS in Criminal Justice, an MS in Mental Health Counseling, and a CAGS in Mental Health Counseling from Suffolk University. Prior to coming to academia, she was a clinical therapist in the Greater Boston area for 5 years working with the LGBTQ* community, those forensically involved, and those struggling with addiction; she is also a veterinary technician and has been doing that since she graduated from her undergraduate institution.

6. Voices of Experience sing *My Fair Lady*

Jonathan K

Mondays, June 2 – August 11

1:15PM – 2:45PM, Ballroom (Building 120)

Performances: Tuesday, August 12 at 7:30PM and Wednesday, August 13 at 2PM

In this much beloved musical by Alan Jay Lerner and Frederick Loewe, based on the 1913 play “*Pygmalion*” by George Bernard Shaw, pompous phonetics professor Henry Higgins is so sure of his abilities that he wagers he could teach a young Cockney working-class girl to speak English so well she can pass for a cultured member of high society. Enter Eliza Doolittle, who agrees to his speech lessons to improve her job prospects. As Henry and Eliza clash, an unlikely bond forms, one that is threatened by an aristocratic suitor! Join us as we sing many classic songs including, “On The Street Where You Live”, “Get Me To The Church On Time”, and “I’ve Grown Accustomed To Her Face”, and with a little bit of luck, we’ll have the audience dancing in their seats all night!

Course Materials: Please bring a black 3-ring binder and a pencil.

Course Leader: Jonathan K has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for

many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

7. Some Great Supreme Court Justices: Their Times, Lives, and Contributions

Ed R

Tuesdays, July 8 – August 12

9:45AM – 11:15AM, Froebel (Building 130C)

This course will discuss John Marshall, John Marshall Harlan, Oliver Wendell Holmes, Jr., Louis Brandeis, Earl Warren, and Ruth Bader Ginsburg. A few others may be added. Although these Justices had varied backgrounds, they all helped to make American society more just, humane, and free. Today, when the Court has come under attack, it is important to remember how it has been a source of protection and progress to all the residents of the United States. The Justices covered in this course may or may not be the “greatest” Justices in the history of the Court, but they have captured the interest and admiration of the course leader, and he hopes that they will be equally inspiring to those who enroll as students.

Course Materials: Course materials will mainly consist of court opinions, as brutally abridged by the course leader.

Course Leader: Ed R taught property law at the law school of the University of California at Davis for most of his professional life. He has also taught (mainly as a visiting professor) at eleven other American law schools and at The Hebrew University of Jerusalem

8. Hip-hop

Holger D

Tuesdays and Thursdays, July 22 – August 7

9:45AM – 11:15AM, Zoom

Hip-hop is arguably the most successful cultural practice ever invented in the United States. Since its origins in the 1970s South Bronx, Hip-hop has captured the imaginations of millions of young people in the United States and beyond. In this seminar, we will examine the historical origins of Hip-hop culture, its four pillars (MCing, DJing, breakdancing, graffiti), its most important genres and artists, and its global reach. Through close readings of lyrics, beats, videos, and art, we will also discuss some of the major themes of Hip-hop culture: race, class, gender, sexuality, place, performance, capitalism, and identity.

Course Materials: readings will be provided by the course leader.

Course Leader: Holger D is an historian of 19th- and 20th-century U.S. history, with a special focus on imperialism, capitalism, and the Pacific Ocean. In his book, *Coconut Colonialism: Workers and the Globalization of Samoa* (HUP, 2022), he argues that the globalization of Samoa at the turn of the twentieth century was driven by a diverse group of working people on and off the islands. His current project tells the global story of non-citizen civilians working for the U.S. military from the Civil War to Iraq. He holds a Ph.D. in History of American Civilization from Harvard University and M.A. in American Cultural History from LMU, Munich.

9. Fairy Tales: Un-Disneyfied and often Undignified!

Debbie M

Tuesdays, May 27 – July 1

1:15PM – 2:45PM, Dewey (130D)

Cinderella, Little Red Riding Hood, Beauty and the Beast, Hansel and Gretel, the Little Mermaid: the stuff of childhood and beyond. We know the plots, Disney or Grimms, or at least we think we do... But versions of these tales abound, cross culture, cross time, as do their audiences and their purposes. Older bawdy tales written for peasants to laugh around a fire, sanitized tales to teach lessons to keep pubescent girls "pure," tales to frighten children into obedience, stories to create a national culture... In this course, we will read many incarnations of some of our favorites, think and talk about how these versions played to their audiences, and why new forms are created all the time for the "forever." And no Disney... I promise! (but maybe a bit of Betty Boop).

Course Materials:

- [*The Classic Fairy Tales* edited by Maria Tatar](#), W. W. Norton & Company; Second edition (December 12, 2016) ISBN-10: 9780393602975. **Any edition is fine.**
- [*The Bloody Chamber* by Angela Carter](#). Penguin Classics; Reprint edition (May 26, 2015) ISBN-10: 0143107615. **Any edition is fine.**

Additional readings will be supplied by the course leader.

Course Leader: Debbie just finished her 49th year of teaching and considers it a joy and a privilege. She has been teaching in the Writing Program at Lasell for the past six years, after a 42-year career at Newbury College, teaching writing and literature. She loves fairy tales, as do her granddaughters, so each summer she creates a fairy garden full of scenes from stories so that the magic lives among the flowers.

10. Art of the Americas, Africa, and the Pacific

Brooke M D

Tuesdays, July 1 – August 5

3 PM – 4:30 PM, Zoom/Channel 918

In this broad overview of global art, we will journey to the Americas, Africa, and the Pacific to examine the visual traditions of each culture and their influences upon each other. We will discuss the relationships between art, religion, and culture from ancient times to the present day in each stop on our journey, and we will look at a variety of art forms from painting and sculpture to textiles, pottery, architecture, and ceremonial and ritual objects. No prior art history knowledge is necessary for this broad survey course.

Course Materials: No required text. Course presentations will be made available online.

Course Leader: Brooke M D is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

11. Extraordinary Women in Literature

Judy P

Wednesdays, May 28 – July 9

9:45AM – 11:15AM, Froebel (Building 130C)

Selections from poetry, drama, and fiction have been chosen to portray women of indomitable spirit who dare to love, acknowledge their sexuality, avenge betrayal, and pursue power despite consequences to themselves or others. Beginning with a description of the “Wife of Bath” from the Prologue to Chaucer’s *Canterbury Tales*, we will continue with Helen of Troy as she is portrayed in Homer’s *The Iliad*. Readings from Euripides *Medea* and Shakespeare’s *Macbeth* dramatize women who illustrate the potential human beings have for both good and evil and the hubris that inspires their actions and destroys their lives.

We will continue to study the depiction of women who illustrate unique behavior in works of fiction. “A Good Man is Hard to Find,” by Flannery O’Connor and “The New Dress” by Virginia

Woolf are stories that portray women faced with situations of real or imagined menace that affect and challenge their lives.

Returning to drama, we will conclude the course with a study of Cleopatra. Her love for Antony and desire to maintain power as Queen of Egypt conflict as she struggles with issues of betrayal and her pride.

The women in these works possess qualities of character or personality that make them extraordinary. As human beings, they may be good or bad. Their behavior may shock or defy understanding, but, as we read, we will experience together their suffering, nobility of spirit, or humanity. Preeminent in their fields or illustrative of individuals who possess fears that disrupt their lives, they come to realize the limitations that govern our behavior and accept mortality.

Course Materials: Copies of all the readings will be distributed in class.

Course Leader: Judy P earned her BA in English from Smith College; Master of Library Science from Simmons; and taught high school English for 22 years including Advanced Placement course at Longmeadow High School and Academy of the Holy Names. She is a Reader for the Educational Testing Service: English Literature Exam, and was a professional book reviewer to book clubs in Palm Beach County for 10 years, along with tutoring SAT/ACT for 20 years.

12. The Long Voyage Home

Hank B

Wednesdays, May 28 – July 16

9:45AM – 11:15AM, Dewey (Building 130D)

Like so much ancient Greek literature, *The Odyssey* is a sequel to *The Iliad*. But its accessibility has made it more popular and influential than its famous predecessor. It created the paradigm for the story of the long challenged-filled journey home, which is found in one variation or another in the literature of Europe and the Americas from *The Aeneid* to *Don Quixote* to *Huckleberry Finn* and *The Grapes of Wrath*. With its themes of return, revenge, loyalty, and perseverance it still speaks to us more than 25 centuries after it was written.

Class meetings will consist of discussion of the assigned reading with an occasional short lecture by the instructor.

Course Materials: Any of the more recent translations will do. These include those by Richard Lattimore, Robert Fagles, Robert Fitzgerald, Peter Green, and Emily Wilson. Whatever translation is chosen, it should be unabridged and in verse, not prose.

Note: The Lattimore is available only in paper. It is a very good translation, but some might find the print too small.

Course Leader: Hank B, a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to graduate psycholinguistics. He taught college English and linguistics for 38 years. His upper-level course subjects included English Romantics, History of English, Chaucer, and American Poetry. This is his twentieth Village course.

13. Music Notation

Jonathan K

Wednesdays, July 2 – August 6

11:30AM – 1PM, Dewey (Building 130D)

Learning to read musical notation is like learning a new language. Knowing the basic vocabulary will help you communicate with other musicians and will make learning new songs much easier. In this class we will begin to demystify the language that is musical notation by first learning the rhythmic vocabulary before expanding into the notes on the staff. If you do not currently read music or do not feel confident with it, this workshop is for you!

Course Leader: Jonathan K has been writing, playing, and teaching music for much of his life. Starting piano at a very young age, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

14. Black Life through the Movies

C Dale G

Wednesdays, May 28 - July 16

1:15PM – 2:45PM, Froebel (Building 130C)

In this course we will examine African American history and culture through popular and documentary films. As both forms of entertainment and sources of history and cultural understanding, movies provide versions of African American life that fits an accepted paradigm. Movies about Black people often focus on triumph and overcoming adversity in the face of oppression. We will view several movies in an attempt to step away from the narrative of overcoming oppression to gain a more complex understanding of Black life and culture. In each film we will focus on the complicated portrayals of Black people and culture by focusing on social conditions, race, gender, and class in the context of American history.

Course Materials: We will view and discuss a movie a week, beginning with the movie *Fences* based on the play by August Wilson in advance of the first class. Additional short readings will be assigned to focus our discussions.

Course Leader: C Dale G is an Americanist specializing in intellectual history, religion, culture, race and African American Studies. She holds a master's degree in theological studies from Harvard Divinity School and a master's degree in history from Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

15. Reading the Constitution

Allan R

Thursdays, June 5 – July 17 (no class on June 19)

9:45AM – 11:15AM, Froebel (Building 130C)

This course will explore specifically how the U.S. Constitution reflects the influence of John Locke and other leading European thinkers on our Founding Fathers. We'll examine why the Constitution's first Article provides for the structure and functions of the legislature, the U.S. Congress. It is the longest and most detailed Article of the Constitution. We'll compare this article to the one dealing with the Executive Branch, Article II. This comparison will set the context for our review of the other Articles. The Federalist Papers will serve as a guide for that review. We will also look particularly at the interplay of federal and state laws affecting the conduct of elections for federal and state/local officials. We'll do a comparable analysis of the Declaration of Independence and the first ten amendments, the Bill of Rights.

Course Materials: A copy of the United States Constitution and Amendments is required for each student. Weekly course notes will be supplied by the instructor.

Course Leader: After law school, Allan R practiced with a New Jersey law firm before joining the S.E.C. staff in Washington. When illegal activities threatened the survival of the

American Stock Exchange, he became part of the team assigned to reorganize that exchange. That experience led Allan to serve as a technical consultant for capital market development in emerging economies. To train people for roles in those markets, the dean of the Graduate School of Management at Rutgers University let Allan set up a training center and to continue technical consulting. Allan continued at Rutgers until he and Debbie retired and moved to Boston. He has led courses at HILR, including courses like this one.

16. Juggle as if Nothing Depends on It

John D

May 29 – July 17 (no class June 19 & July 3)

Thursdays, 9:45AM – 10:45AM, Courtyard

Juggling is like riding a bike – fun, satisfyingly difficult to learn, and ill-advised near anything expensive and breakable. Whether you want to slow your perception of time, impress your loved ones, or play hot potato solitaire with too many tubers, juggling is for you. Juggling also has a century-long history as a serious tool for researching skill acquisition, so it is an ideal learning challenge

This course will focus on learning the classic 3-ball cascade, the foundation of toss juggling. As time allows, the class will also explore related tricks such as partner juggling, tennis, and 1-up, 2-up. This is a beginner course that requires only the willingness to pick up hundreds of drops and keep going. Experienced jugglers interested in enrolling or assisting are encouraged to contact the course leader.

Course Materials: a set of three quality beanbags (*not* balls). Recommended options are *either*:

- Juggling specialty store beanbags (stores like [Renegade Juggling](#), [Higgins Brothers](#), and [Firetoys](#)) in 65-68mm (roughly 2.5”) and 100-130g size and weight. If buying from Firetoys, the booklet [How to Master Balls](#) from Mister Babache is a worthy and very inexpensive addition.
- Book and beanbag set [Juggling for the Complete Klutz](#), by J. Cassidy and B.C. Rimbeaux. This set’s iconic juggling cubes (don’t roll away when dropped) and lighthearted guidance have made it a favorite since 1977.

Course Leader: John D, PhD, is Dean of Education at Lasell Village and has been juggling off-and-on for 25 years. He found joy in juggling with friends decades ago and would like nothing more than to share that joy with the Village.

17. Creative Writing: Poetry Workshop

Sara L

Thursdays, May 29 – July 3

11:30AM – 1PM, Dewey (Building 130D)

The Creative Writing Poetry Workshop is designed for intermediate and advanced writers and provides students with an opportunity to compose and revise original poems in a supportive environment. We will choose a book of poetry to read with selections due each week. The course leader will also provide students with a prompt for each class session. Students will submit poems for peer review each week and provide feedback on their peers' poems for discussion in class. Participants will submit a portfolio of revised poems at the end of the course for a published booklet. We will also hold a reading of original work at the end of the semester.

Course Materials: A book of poems by a single author, TBA via email before the course starts.

Assignments: Original poems shared for each class, a final portfolio of revised poems

Course Leader: Sara L has a PhD in Rhetoric & Writing Studies and an MFA in Creative Writing, Poetry. Dr. Large is Associate Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and serves as the Director of the Writing Across the Curriculum Program. Dr. Large frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. She has published poems in *New South* and *Redactions*.

18. Literatures of the Islamic World: An Introduction

Hasan H

Thursdays, May 29 – July 31 (no class June 19 and July 3)

1:15PM – 2:45PM, Zoom

From Don Quixote to Disney, many of the most popular trends in Western culture have been shaped by the literatures of the Islamic world. This course offers an introduction to some of the most influential texts that have been read, recited, and performed from Morocco to the Maldives, Mecca to Montreal. We will explore how Muslim writers have engaged with a

variety of themes, such as desire, ethics, and politics. Reading from some of the finest English translations, we will encounter poetry and prose originally composed in Arabic, Persian, and Urdu—three of the world’s most widely spoken languages. Finally, we will turn to the works of contemporary Muslim writers in English to examine how these literary traditions continue to evolve today.

Course Materials:

Fariduddin Attar, [*Conference of the Birds*](#), trans. by Dick Davis and Afkham Darbandi. Penguin Classics (July 3, 1984).

Imam al-Ghazali, [*Disciplining the Soul and Breaking the Two Desires*](#), translated by T.J. Winter. Islamic Texts Society (December 1, 1997).

M. A. S. Abdel Haleem, [*The Qur’an: A New Translation*](#). Oxford University Press; Reissue edition (June 15, 2008). **(Any English translation is fine)**

Muhammad Asad, [*The Road to Mecca*](#). Fons Vitae; Eighth edition (January 1, 2000).

Mishari Al-Kharraz, *Taste it!* Available for free here:

https://www.academia.edu/13205451/Taste_It_

Course Leader: Hasan H is an advanced doctoral candidate at Princeton University, working on Islam, gender, and Persian literature. He completed his undergraduate in Karachi, before earning a Masters at Oxford University in the UK. Having studied and taught on three continents, Hasan is excited to bring his vast experience and expertise in classical Islamic literatures to the students of Lasell Village.

19. Improv Comedy for Beginners

Christina C

Thursdays, July 10 – August 7

1:15PM – 2:45 PM, Rogers (Building 85A)

This course requires no prior experience in Improv Comedy. Participants will engage in simple, enjoyable word games specifically designed to expand creativity and imagination, while ensuring a joyful atmosphere. Improv Comedy, akin to acting without a script, allows limitless possibilities. Under the expert guidance of our instructor, you will create imaginative scenes and foster connections with fellow participants.

Course Leader: Christina began her performing journey at the age of 10, training in singing and acting. She holds a bachelor's degree in musical theater and discovered Improv Comedy in New York in 2017, dedicating 4 years to workstudy at the PIT, a renowned Improv school. Ever since, Christina has been passionate about Improv Comedy. In 2024, she started a program at Off Cabot, initially teaching one class. Now, she collaborates with another instructor to teach three classes, fostering a vibrant community.

20. Forged in Fire and Ice: The Story of the Geology of the Boston Area

Marc G

Thursdays, May 29 – July 10 (no class July 3)

3PM – 4:30PM, Mead (Building 70)

The rocks and landforms in the Boston area tell a fascinating story. It's a story full of fire: ancient volcanoes, colliding continents and mass extinctions! But it's also the story of ice: how giant sheets of ice blanketed this region, carving out much of the landscape we see today. And the story is not over - humans have had an enormous impact on the physical landscape in ways that no other creature on the planet has ever had, and this impact is now being seen in the ways we are changing our climate through global warming.

In this course we will learn about these stories, starting with some basic geology concepts. These will include learning about plate tectonics, the rock cycle, volcanoes and earthquakes. In the second half of the course, we will dive deep into glacial geology. Since observing the geology is not always obvious, especially in a landscape as influenced by human activities and structures as the Boston area, we will explore modern tools and methods used to understand how we know what we know about these geologic stories. Finally, we will explore how the tools used to study ancient geologic processes are being used to inform us of the consequences of global climate change.

Course Materials: No required readings but recommended is the title [*Written in Stone* by Chet and Maureen Raymo](#). Black Dome Press; 2nd edition (February 10, 2001)

Course Leader: Mark G (BS in Physics and History, MS in Electrical Engineering) has been a science educator since 1992, teaching physics, chemistry, and Earth science at the secondary level while also engaging in various research projects. His passion for authentic science inquiry and climate change education has led him to participate in several polar research expeditions and adapt field techniques for middle school students. He has co-taught numerous workshops and courses to help educators integrate field science and literacy into their teaching, including collaborations with geologists and climate scientists.

Mark is the co-author of the book *The Stories of Science* (2017) and was a recipient of the 2023 Ed Roy Jr. National Award for Excellence in K-8 Earth Science Teaching from the American Geosciences Institute.

21. AI & The Future of Humanity

James L and Heidi B

Fridays, May 30 – June 27

1:15PM – 2:45PM, Dewey (Building 130D)

In this seminar, we'll explore two of Nick Bostrom's influential works that examine contrasting visions of humanity's technological future. Through a supportive book club format complemented by the occasional lecture, we'll engage with selected chapters from *Superintelligence: Paths, Dangers, Strategies* and *Deep Utopia: Life and Meaning in a Solved World*.

Each week, we'll read and discuss portions of these works, focusing on three fundamental questions like "What are the potential paths and risks of AI development?", "How might we navigate the ethical challenges of developing transformative technologies?", and "What gives life meaning in a "post-instrumental" world where human labor becomes obsolete?"

The seminar will combine mini-lectures and discussion-based formats. Rather than seeking definitive answers, we'll build a supportive environment to explore these challenging questions together. Come prepared to contribute your unique perspective as we examine these provocative visions of humanity's future.

Course Materials: Nick Bostrom's [Superintelligence](#) (2014) and [Deep Utopia](#) (2024). Handouts will be provided as needed.

Course Leaders: Dr. Lincoln, an Assistant Professor of Philosophy at Lasell University, holds a Ph.D. in Philosophy from the University of Kentucky with specializations in Social Theory and Ethics. They also serve as Lasell's Nancy Lawson Donahue '49 Professor of Ethics. In this role, his research focuses on Moral Perception, Social Ethics, and Marcusean Social Theory. He also leads the Junior Ethics Experience Program, which offers a cohort-style experience for all Juniors at Lasell to study ethical reasoning, values, and values conflicts.

Dr. Heidi B holds a Ph.D. in Mathematics from the University of Washington and a Master's in Technology, Innovation, and Education from the Harvard Graduate School of

Education. Residing at the intersection of technology and higher education, she enjoys discussing and experiencing how technology transforms the learning process.

SUMMER 2025 SUMMARY OF LASELL VILLAGE COURSES

	<u>CSE#</u>	<u>Course & Instructor</u>	<u>Dates</u>	<u>Time & Location</u>
Sun	1	Beginner Ukulele <i>Shayla M</i>	6/1 - 8/10 skip 6/15, 7/6, 7/20 & 8/3	3:20 - 3:50PM Great Room
	2	Ukulele Jam <i>Shayla M</i>	6/1 - 8/10 skip 6/15, 7/6, 7/20 & 8/3	4 - 5:00 PM Great Room
Monday	3	Time for Everything: <i>Waiting for Godot</i> <i>Parkman H</i>	6/2 - 7/7	9:45 - 11:15 AM Dewey
	4	Becoming "Real": Exploring Experience, Learning, and Identity in the AR/VR Lab <i>Matt B</i>	7/7-8/4	9:45 - 11:15 AM VR Lab, Winslow
	Fit.	Zumba <i>Cathy A</i>	weekly	10 - 10:45 AM Ballroom & Ch. 918
	Fit.	Chair Yoga <i>Ruth L</i>	weekly	11:30 AM – 12:30 PM Ballroom & Ch. 918
	5	Over The Rainbow: Introduction to the LGBTQ* Community <i>Kellie W</i>	6/2 - 7/7	11:30AM - 1 PM Froebel
	6	Voices of Experience sing <i>My Fair Lady</i> <i>Jonathan K</i>	6/2 - 8/11	1:15 - 2:45 PM Ballroom
Tuesday	7	Some Great Supreme Court Justices: Their Times, Lives, and Contributions <i>Ed R</i>	7/8 - 8/12	9:45 - 11:15 AM Froebel
	8	Hiphop <i>Holger D</i>	Tues & Thurs 7/22 - 8/7	9:45 - 11:15 AM Zoom
	Fit.	30-Minute Easy Strength <i>Lasell House Rehab</i>	weekly	10 - 10:30 AM Ballroom & Ch. 918
	Fit.	Water Volleyball <i>Lulu Y</i>	weekly	11 -11:45 AM Pool
	Fit.	Balance with At Home Physical Therapy <i>Derek M</i>	weekly	11:30 AM - 12:15 PM Ballroom & Ch. 918
	9	Fairy Tales: Un-Disneyfied and often Undignified! <i>Debbie M</i>	5/27 - 7/1	1:15 - 2:45 PM Dewey
	10	Art of the Americas, Africa, and the Pacific <i>Brooke M D</i>	7/1 - 8/5	3 - 4:30 PM Zoom, Ch. 918

	<u>CSE#</u>	<u>Course & Instructor</u>	<u>Dates</u>	<u>Time & Location</u>
Wednesday	11	Extraordinary Women in Literature <i>Judy P</i>	5/28 - 7/9	9:45 - 11:15 AM Froebel
	12	The Long Voyage Home <i>Hank B</i>	5/28 - 7/16	9:45 - 11:15 AM Dewey
	Fit.	30-Minute Basic Stretch <i>Lasell House Rehab</i>	weekly	10 - 10:30 AM Ballroom & Ch. 918
	Fit.	Water Aerobics <i>Lulu Y</i>	weekly	10 - 10:45 AM Pool
	Fit.	Exercise with Khristyna <i>Khristyna H</i>	weekly	11:45 AM - 12:30 PM Ballroom & Ch. 918
	13	Music Notation <i>Jonathan K</i>	7/2 - 8/6	11:30 AM - 1 PM Dewey
	14	Black Life through the Movies <i>C Dale G</i>	5/28 - 7/16	1:15 - 2:45 PM Froebel
Thursday	Fit.	Prerecorded Exercise Class <i>Paul C</i>	weekly	9:00 - 9:30 AM Zoom, Ch. 918
	15	Reading the Constitution <i>Allan R</i>	6/5 - 7/17 skip 6/19	9:45 - 11:15 AM Froebel
	8	Hiphop <i>Holger D</i>	Tues & Thurs 7/22 - 8/7	9:45 - 11:15 AM Zoom
	16	Juggle As If Nothing Depends on It <i>John D</i>	5/29 - 7/17 skip 6/19 & 7/3	9:45 - 10:45 AM Courtyard
	17	Creative Writing: Poetry Workshop <i>Sara L</i>	5/29 - 7/3	11:30 AM - 1 PM Dewey
	18	Literatures of the Islamic World: An Introduction <i>Hasan H</i>	5/29 - 7/31 skip 6/19 & 7/3	1:15 - 2:45 PM Zoom
	19	Improv Comedy for Beginners <i>Christina C</i>	7/10 - 8/7	1:15 - 2:45 PM Rogers
	20	Forged in Fire and Ice: The Story of the Geology of the Boston Area <i>Marc G</i>	5/29 - 7/10 skip 7/3	3 - 4:30 PM Mead
Friday	Fit.	Pre-recorded Chair Yoga <i>Ruth L</i>	weekly	9 - 10 AM Channel 918
	Fit.	Water Aerobics <i>Lulu Y</i>	weekly	10 - 10:45 AM Pool
	21	AI & The Future of Humanity <i>James L and Heidi B</i>	5/30 - 6/27	1:15 - 2:45 PM Dewey
	Fit.	Exercise with Britta <i>Britta Z</i>	weekly	11:30 AM - 12:30 PM Ballroom & Ch. 918
	Fit.	Mat Pilates <i>Khristyna H</i>	weekly	1:30 - 2:15 PM Ballroom
Sat.	Fit.	Multi-level Workout <i>Paul C</i>	weekly	11:30 AM - 12:15 PM Zoom/Channel 918